



# VitreoRetinal Surgery, PLLC

## *Patient Instructions for Pre-Surgical Evaluation*

### Important Information About Your Urgent Evaluation

1. Based on your scheduled evaluation, your VRS retina physician will determine if/when surgery is recommended. Forms of surgical care vary significantly so if surgery is recommended, your VRS physician will review your specific surgical plan with you.
2. If surgery is recommended, the day and time will be communicated to you following your evaluation. Next, you will meet with a surgical coordinator who will review additional details including your insurance coverage, the location of your surgery, the recovery process, etc. Both the surgical facility and surgeon will be determined based on urgency.
3. Retinal surgeries require very specialized equipment in a sterile operating room and cannot be performed in the clinic where you will be evaluated.
4. All VRS surgical facilities are located in the Minneapolis / St. Paul area. If you are traveling from outside the metro, you will need to make arrangements for overnight accommodations.
5. You will need a driver to and from your evaluation. You will also need to make plans to have someone stay with you overnight if surgery is performed.
6. It is important that you do not eat or drink anything 8 hours prior to surgery and surgery could possibly be scheduled within 1-2 hours following your evaluation. Failure to accommodate this requirement may result in the delay or postponement of surgery.
7. On the day following surgery, plan on being seen again for a post-op evaluation. Again, you will need a driver. This evaluation allows our doctors to check your eye pressure and rule out any evidence of infection. After this evaluation, you can schedule future appointments at the clinic most convenient for you.

### Clinic Locations

- **Blaine:** 11091 Ulysses Street NE, Ste 200 Blaine 763-235-4104
- **Duluth:** North Shore Bank Place, 4815 W Arrowhead Road, Ste 210 Hermantown 218-625-5020
- **Edina:** Centennial Lakes Office Park, 3601 W 76th Street, Ste 300 Edina 952-929-1131
- **Minneapolis:** Park Avenue Medical Bldg, 710 E 24th Street, Ste 103 Minneapolis 612-746-1515
- **Plymouth:** WestHealth Office Bldg, 2855 Campus Drive, Ste 510 Plymouth 763-550-1002
- **St. Cloud:** Midsota Center, 3701 - 12th Street N, Ste 102 St. Cloud 320-654-8353
- **Woodbury:** 7115 Tamarack Road, Ste 100 Woodbury 651-361-8100

Call Toll-free: 800-877-2500 or Visit: [www.VRSsurgery.com](http://www.VRSsurgery.com)